



CPD OPPORTUNITIES DURING COVID-19

DHOON SCHOOL



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As Coronavirus necessitates school closures, we are all finding ourselves in brand new territory. This booklet has been created to simply give staff ideas, or guidance, if they feel they would like to develop their own CPD during this strange time.

None of what is in this booklet is compulsory, nor is it linked to appraisal in any way. It is simply some 'go to' places for some free, high quality CPD if you feel you have the desire and time to complete it.

Many Thanks

Max



Edge Hill University have very kindly shared a number of teaching resources for linked schools for their staff.

There aim is to become a hub of resources for schools and families to support their interests and learning over the coming weeks and months. The resources they are sharing in the link below have come from a range of sources. Some will be created or recommended by their lecturers and other colleagues, some will have been shared by schools and others by parents. Wherever they are from, they are offering them to us in the spirit of supporting learning in lots of different ways. These are not recommendations, just suggestions and you will be best placed to select what works for you.

Click [here](#) to access their Links for Learning page





Zurich International have created a link which they have generously agreed to share with Island residents, focussing on maintaining well-being during the pandemic. It includes some interesting links, videos and discussion related to mental health for parents, colleagues and young people

Some examples of information available are:

- Health Anxiety
- Steps to protect yourself and others from Covid-19
- Building Resilience
- Maintaining healthy habits whilst working from home
- Addressing loneliness and building connection
- Managing Teams working remotely
- Supporting children throughout the coronavirus pandemic
- Cruse Bereavement Isle of Man information leaflet
- Mental well-being while staying at home
- 7 simple tips to tackle working from home

For further information, please click [here](#).



Education is infectious: we're confident that you'll enjoy the FutureLearn experience so much, you'll have signed up to another course before the first is even finished!

- Future Learn



FutureLearn have a wealth of free online courses. Simply sign up by clicking [here](#). You can browse their course list [here](#) to find something that you'd like to learn about. They have courses in a diverse range of subjects and are always adding more. Courses vary in length. Most are six to ten weeks long but they also have some shorter two and three week courses.



HAYS Recruiting experts in Education

Hays Education Training have put together a free 'Wellbeing First' pack to help teachers and support staff make it through this difficult period by adding a range of new online courses around the best practice for remote working and wellbeing.



Courses are 100% online



Comprised of video content, quizzes, worksheets and assessments



Certification awarded for completion

All of the online Well-Being courses take under 20 minutes to complete, and look are various aspects including **Life Balance, Healthy Living, Mindset, Attitude, Stress, Resilience, Relaxation, Priorisation, Mindfulness** and **Yoga**

Every Dhoon member of staff will be sent out a Welcome email from Hays with a link to log in to access all of these course. Click [here](#) to log in





Hays Education Training also offer train courses on **Remote Working**. Again, all of these courses take under 20 minutes to complete, and a certificate is gained on completion. All Dhoon staff have access to the below courses:

Managing Virtual Teams - This course looks at the benefits and challenges of working in a virtual team, the importance of a clear communication plan and the role of the manager in ensuring the team's success.

Collaborative Working - This module explores the reasons for collaboration in the workplace, the different types of collaboration and the key to successful collaboration, including establishing a strong team and picking the right tools for the job.

The Adventures of the Lone Ranger - This training is vital for those who employ or manage someone who is required to work in isolation from others or without direct supervision.

Contributing as a Virtual Team Member - In this course, you'll learn how to develop the skills you need to be an effective member of a virtual team.

Plan your day in 18 minutes - In this course, you'll learn how to set your intention, check in with yourself, and accomplish goals, all in the most time-efficient way possible.




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in Education

OpenLearn



The Open
University

You can choose an OpenLearn course from a wide range of subjects.

-  OpenLearn free courses are available immediately. The courses do not have a start and end date. You can start right away or at a time that suits you.
-  You can work through at your own pace. You can spend as long as you like on an OpenLearn course, plus, if you sign up you can track your progress and work towards a statement of participation.
-  There are around 1000 courses to choose from. The courses always focus on a specific area of learning. Some focus on important and fascinating academic subjects, whilst others help you develop skills needed for study or work.

Click [here](#) to access the FREE courses.



ResearchEd have uploaded a significant amount of videos which can be accessed via YouTube, and last typically an hour each.

You can catch up on any of their sessions from researchED Home, where they have a series of talks from the best and brightest in education.

Click [here](#) to access these videos.



TES have a variety of FREE CPD courses available on their website, so if you have not already, subscribe to their website to gain access to a wide range of resources.

Click [here](#) for a direct link to their CPD page.



Seneca offers a huge number of free online CPD opportunities for teachers. Seneca online CPD helps teachers improve their practice from the comfort of their own home.




Each course is written by experts in their fields and includes the latest in education theory and thinking. Some of the free CPD courses they offer are:

1. Cognitive Science for Teachers
2. Dual Coding for Teachers
3. Retrieval Practice for Teachers
4. Metacognition for Teachers
5. Assessment for Teachers
6. Literacy in Science Education
7. Language Development for Teachers
8. Leadership for Teachers and School Leaders
9. Subject Specific Pedagogy for Teachers And many more...

Click [here](#) to access their CPD page.



With a view to professional development, a number of interesting webinars have been advertised by GL Assessment about reducing the language deficit in schools. See below for further details:

-  Webinar on 'Speech, Language and Communication Needs' (Wed 06 May 1100-1200), click [here](#).
-  Webinar on 'The trend towards place-based change and how schools across Bolton are addressing the language deficit' (Wed 20 May 1100-1200), click [here](#)
-  Webinar on 'Closing the Language Gap', click [here](#)





Creative Education are offering a couple of interesting courses for FREE, but only **until 7th May**.

One of particular interest is **BREAK THE CYCLE OF EMOTIONALLY BASED SCHOOL AVOIDANCE**

During this course, you'll learn about how the cycle of school avoidance develops, as well as exploring a range of simple steps that you can take, alongside families, to support children to return to school and engage regularly and meaningfully; helping school turn from a place of fear to a place of safety for the child. We also explore the steps we can take to spot the early warning signs and prevent a school avoidance cycle from developing as well as exploring some universal strategies that we can employ to make school feel like a safer and more inviting place for every child.

The course has been developed and delivered by Dr Pooky Knightsmith, an internationally respected child and adolescent mental health expert.

To sign up to access this course (14 modules), please click **here**



Remember to keep a record of any CPD undertaken and update your own records accordingly.

Thank you for your time

